

Long Island RPC Children and Families Subcommittee Thursday, 5/7/20 – 10:00-11:30 AM

Held via GoTo Meeting

MINUTES

Introductions: Meeting convened at 10:03.

- C & F Subcommittee Purpose: Past, Present & Future: Discussed achievements of the committee to date and areas of focus for the future, including collecting data and continuing work around C-Yes.
 - Dr. Herz notes that RPC has been able to take issues on a county level up to the State and give the counties a voice.
 - Andrea Hopkins noted that Hudson River has seen an increase in C-YES referrals since the regional meeting.

How are Services/Programs Doing Amidst COVID-19: Challenges/Successes?

- Fran Mellow FSL everyone shifted well and still delivering quality services and engaging all existing clients in Care Management and CFTSS. Concern noted is "what is the transition going to be like?"
- **Jodi Saitowitz CCFHH** Positive conversation with DOH yesterday about post-COVID service delivery. They said there was no end date for the waiver for Face to Face and that as long as families and programs are in need of it, it will remain.
- Danielle Thomas Fidelis Asked how services are being delivered by agencies. What do services look like through telehealth? Concerned about outcomes moving forward. Agencies gave some examples of the creativity they are using to engage clients in sessions and help them work on their goals through interaction, worksheets, etc.
- Maryann Braithwaite OMH LIFO School refusal is expected to be higher when school starts again.
- **Eileen Kadletz LIFT** A lot of positive for Family Support. Seeing more families who would not have been able to attend parent support groups, attending now.
- Fran Mellow FSL Telehealth has allowed more flexibility for families of when they can do a session. They have seen some clients open up more doing sessions through the phone and make more clinical progress than when they were face to face.
- Andrea Hopkins Hudson River CMA's are finding it a lot easier to get in touch with medical providers on the phone for collaboration.
- **Vera Feuer Northwell Pediatric Urgent Care –** switching to telehealth and doing virtual visits. They have been able to avoid some emergency visits due to their expanded hours through telehealth.

- Margaret Carolan FCA Noted a decline in engagement, which is impacting revenue. Asked
 if other agencies have noted this. Resources given: TelePsychiatry
 toolkit https://www.aacap.org/AACAP/Clinical_Practice_Center/Business_of_Practice/Telepsychiatry/toolkit_videos.aspx
 - Noted that rates will be increasing retroactively from 4/1. Fran suggested a Facebook page called "teleplay", which has been useful for staff.
- **Lisa Burch FCA** noted fiscal decline from projected revenue and asked if other agencies are seeing this with CFTSS/HCBS Services:
 - Ryan Logan Well-Life saw a decrease initially, but now seeing an uptick in services.
 Find structuring sessions more and use of worksheets is helpful. Services have seen a decrease and not being able to bill for the offsite is impacting revenue as this was projected for.
- **Christine Miller FCA** issue is FTE. Are other agencies seeing an issue with maintaining their Full-Time staff are they only operating with per diems?
 - o FSL maintaining their FTE and service delivery
 - FSL and Well Life can discuss the FTE/staffing issues offline with FCA
- **Federation of Organizations** openings for OLP, CPST & PSR, as well as Caregiver Family Support, Community Self Advocacy. Supportive employment and prevocational services.

RPC Capacity/Wait List Survey Continuation:

Discussion encouraged as to if this should be continued. Fran Mellow stated that it would be helpful, especially for respite. Need timely and valuable info regarding openings.

Suggested breaking it up by county, so info is more accurate and specific for providers, which was agreed upon.

OMH is looking at billing for those designated and reaching out if there is no or little billing to offer technical assistance.

Asked if there is a notification when an agency de-designates other than if that agency informs providers/CMA's. No formal information is sent out. Maryann stated that MHA has de-designated from all services and LIFT has de-designated from FPSS.

Fran suggested a monthly email with new providers being highlighted and a list of de-designated providers in red to help CMA's. Managed Care Plans felt this would also be helpful for them. LIFO will discuss this and work on way to disseminate this info.

Children and Family Subcommittee Event: Discussion regarding type of event that would be helpful for the subcommittee. Suggested a "Know your MCO" Event to allow MCO's to present on their UM and operations and provide tabling for providers to communicate and network with the MCO's. This event idea was met positively. Will determine if only for Children providers or if will open up to Adult providers. RPC Coordinator will work with LIFO on this event.

Open Floor: Maryann asked about wait lists at the current time.

- Family Service League still have waitlist, but moving through the waitlists and starting with some clients earlier than expected as other clients do not want services until it can be Face to Face. On-boarded a new OLP. At capacity, except for FPSS.
- Well Life similar to FSL doing admissions, but still have significant wait lists.
- FCA varying with wait times, not as significant. Openings for FPSS. Hiring YPA for Nassau.
- South Shore maintaining cases, small wait list.

Next Meeting: Will be established for Q3.